

## Psalm 32 - Joy and Gladness in Forgiveness

Pastor Adam Hall ☞ Dryden First Baptist Church ☞ August 22, 2021

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Psalm 32 English Standard Version

### **A Maskil of David.**

**32** Blessed is the one whose transgression is forgiven,  
whose sin is covered.

<sup>2</sup> Blessed is the man against whom the Lord counts no iniquity,  
and in whose spirit there is no deceit.

<sup>3</sup> For when I kept silent, my bones wasted away  
through my groaning all day long.

<sup>4</sup> For day and night your hand was heavy upon me;  
my strength was dried up as by the heat of summer. *Selah*

<sup>5</sup> I acknowledged my sin to you,  
and I did not cover my iniquity;

I said, "I will confess my transgressions to the Lord,"  
and you forgave the iniquity of my sin. *Selah*

<sup>6</sup> Therefore let everyone who is godly  
offer prayer to you at a time when you may be found;  
surely in the rush of great waters,  
they shall not reach him.

<sup>7</sup> You are a hiding place for me;  
you preserve me from trouble;  
you surround me with shouts of deliverance. *Selah*

<sup>8</sup> I will instruct you and teach you in the way you should go;  
I will counsel you with my eye upon you.

<sup>9</sup> Be not like a horse or a mule, without understanding,  
which must be curbed with bit and bridle,  
or it will not stay near you.

<sup>10</sup> Many are the sorrows of the wicked,  
but steadfast love surrounds the one who trusts in the Lord.

<sup>11</sup> Be glad in the Lord, and rejoice, O righteous,  
and shout for joy, all you upright in heart!

- #blessed is the type of hash tag that means different things to different people
- I went to Twitter.com and tried to find out what people thought they were blessed with!

Here is what I found on Twitter.com:

- 1) a girl met her favourite wrestler, now she is a referee in the WWE #blessed
- 2) GUYS, I GET TO MARRY MY HIGH SCHOOL SWEETHEART, MY BFF, MY LOML #blessed
- 3) a coach in football says... "Do what you LOVE!!!! LOVE what you do!!!" #blessed
- 4) 20 years old and I just secured my first apartment all on my own #blessed
- 5) a guy buys a new car and says this... "if you put your mind to it, you can achieve it." #blessed #2021
- 6) 17 years together... 5 years married today #blessed
- 7) Son makes a delicious looking salad and parent says this... "Son made us supper tonight, I'm so blessed" #supper #homecooking #blessed
- 8) Traveller says this... "Sipping whiskey with The Parthenon in the background" #blessed

- now most of these statements, of course, are not wrong but when you look to the Psalms and specifically to Psalm 32 you get a much different look at what #blessed is all about.

- If the Psalmist's were to make twitter posts they might look like these:

- 1) "my transgression is forgiven" #blessed
- 2) "my sins are covered" #blessed

- the background for Psalm 51 can be found in 2 \_\_\_\_\_ 11-12

- this is when David commits adultery with Bathsheba and tries to \_\_\_\_\_ this act up with the murder of Bathsheba's husband Uriah

- David thinks that he can \_\_\_\_\_ his sin from the Lord but the Lord \_\_\_\_\_ all of our shortcomings and sins

- the Lord stirs Nathan to \_\_\_\_\_ David with his sin with the use of a parable

- Nathan \_\_\_\_\_ David

**2 Samuel 12:7-8** Nathan said to David, "You are the man! Thus says the LORD, the God of Israel, 'I anointed you king over Israel, and I delivered you out of the hand of Saul. <sup>8</sup> And I gave you your master's house and your master's wives into your arms and gave you the house of Israel and of Judah. And if this were too little, I would add to you as much more.

- David is convicted of \_\_\_\_\_ by his sin and makes a \_\_\_\_\_ to the Lord

- and then Nathan offers the \_\_\_\_\_ of forgiveness to him from the Lord

**2 Samuel 12:13** David said to Nathan, "I have sinned against the LORD." And Nathan said to David, "The LORD also has put away your sin; you shall not die.

- this Psalm is often called a Psalm of \_\_\_\_\_

- this means that David speaks about \_\_\_\_\_ of sin

- but this Psalm is also a Psalm of \_\_\_\_\_

- this means that David is speaking with the wisdom of the Lord

- have you ever \_\_\_\_\_ ? – this Psalm is for you!

- have you ever sinned and experienced sorrow for your sins? – this \_\_\_\_\_ is for you!

- have you ever \_\_\_\_\_ against God and the consequences had serious ramifications for your life? – this Psalm is for you!

Outline:

- 1) (32:1-2) Blessed Be
- 2) (32:3-5) Bold Repentance
- 3) (32:6-9) Be Taught By God
- 4) (32:10-11) Be Glad

### 1) (32:1-2) Blessed Be

**(32:1) Blessed is the one whose transgression is forgiven, whose sin is covered.**

- I love this verse that speaks about what is true \_\_\_\_\_ in the Lord
- Psalm 32 is very similar to Psalm 1, with the usage of the word "Blessed" at the start
- Psalm 1:1** \_\_\_\_\_ is the man who walks not in the counsel of the \_\_\_\_\_, nor stands in the way of sinners, nor sits in the seat of scoffers;

- and of course this is the same word that the Lord Jesus uses with the beatitudes in Matthew 5

- what does this " \_\_\_\_\_ " mean?
- some use the word " \_\_\_\_\_ "
- some say that this word means "approved by God"
- but the word "blessed" in our modern day usage likely does not fit what the Psalmist is getting at here
- this word "blessed" means there is true \_\_\_\_\_ in the Lord, true blessing in the Lord and one is \_\_\_\_\_ by God which is the greatest blessing and joy of all time!

- this blessing is upon those who have \_\_\_\_\_ things!

#### i) transgression forgiven

- the word "transgression" is defined as "rebellion or \_\_\_\_\_ against God"
- God has given His Holy commands to us and we \_\_\_\_\_ them or we rebel against God's \_\_\_\_\_
- but there is a \_\_\_\_\_, all your rebellion against God can be forgiven
- I love this word "forgiven" it means to lift up or \_\_\_\_\_ away
- it means that your sin has been \_\_\_\_\_ from you and someone has taken it away
- does not this word speak to the wonderful work of the Lord Jesus \_\_\_\_\_
- Jesus took \_\_\_\_\_ our sin on the Cross so that it could be taken away from us so that we are \_\_\_\_\_ righteous before God

#### ii) sin is covered

- the meaning for the word "sin" relates to the things that we do that are \_\_\_\_\_ to God
- we \_\_\_\_\_ have sinned as the Bible proclaims, not one of us is \_\_\_\_\_ in heart and is without sin
- remember \_\_\_\_\_ brings consequence and that consequence is not only earthly \_\_\_\_\_ but also spiritual death

**Romans 6:23** For the wages of \_\_\_\_\_ is death, but the free gift of God is \_\_\_\_\_ life in Christ Jesus our Lord.

- but hear of the blessing of the Lord's \_\_\_\_\_ through Jesus Christ, our sin can be \_\_\_\_\_ !
- this means that your sin cannot be \_\_\_\_\_, it is gone because it is covered
- when it cannot be \_\_\_\_\_ and it is covered then it is forgiven sin!
- this is a \_\_\_\_\_ blessing because we all have sinned and rebelled

**Ecclesiastes 7:20** Surely there is \_\_\_\_\_ a righteous man on earth who does good and never sins.

- but \_\_\_\_\_ happiness, blessedness and \_\_\_\_\_ found in the Lord because of His grace given to us through the Lord Jesus Christ

**(32:2) Blessed is the man against whom the LORD counts no iniquity, and in whose spirit there is no deceit.**

- David \_\_\_\_\_ another “blessed” here!
  - the person whom the Lord does not count \_\_\_\_\_ against is blessed
  - the word “iniquity” indicates criminal behavior \_\_\_\_\_ God or disrespect for God’s holy law
  - basically transgression, \_\_\_\_\_ and iniquity are all synonyms for \_\_\_\_\_ the laws of God
  - those who have this blessedness are those whom the Lord does not \_\_\_\_\_ their rebellion against them
  - the Lord does not reckon them as \_\_\_\_\_ but they are pardoned by the grace of Christ
- but there is one more thing, there is no \_\_\_\_\_ in their spirit
- again we are called to avoid deception and \_\_\_\_\_ to experience the blessing of God
- this blessing \_\_\_\_\_ us from sin, but as well this blessing leads us to \_\_\_\_\_ lives!

## 2) (32:3-5) Bold Repentance

**(32:3) For when I kept silent, my bones wasted away through my groaning all day long.**

- here we see the consequences of denying and not \_\_\_\_\_ our sin
  - do you see right here the devastating \_\_\_\_\_ of sin
  - not only does sin separate us from God, but sin also affects our personal \_\_\_\_\_ and well being
  - in our Canadian society there is so much talk about personal health but we never hear about the devastating health effects of sin, and \_\_\_\_\_ sin, in a person’s life
- David was \_\_\_\_\_ meaning that he did not confess his sins; he did not want to acknowledge the devastating rebellion that he committed against God
- he says that his \_\_\_\_\_ wasted away and here we see the effects of \_\_\_\_\_ not only upon his mental health but also his physical \_\_\_\_\_ – it is the same for us
- we see that sin and \_\_\_\_\_ of repentance can affect our physical well-being to the point where our bones waste away
- note that David \_\_\_\_\_ all day
- this is not like our children who groan until they get what they want, David had no \_\_\_\_\_ from his groaning, because of his sin against God, while he lingered in unrepentance

**(32:4) For day and night your hand was heavy upon me; my strength was dried up as by the heat of summer. Selah**

- furthermore, we see the effects of sin and the \_\_\_\_\_ of God is heavy upon David
  - when the hand of God is upon us it \_\_\_\_\_ that God’s judgment is upon us or God is \_\_\_\_\_
- when the people of Ashdod (the Philistines) \_\_\_\_\_ Israel and take the Ark of the Covenant to their city, the \_\_\_\_\_ of God comes upon them
- hear this horrifying act of judgment that \_\_\_\_\_ upon them
- 1 Samuel 5:6, & 11** <sup>6</sup>The \_\_\_\_\_ of the LORD was heavy against the people of Ashdod, and he terrified and afflicted them with tumors, both Ashdod and its territory.

<sup>11</sup> They sent therefore and gathered together all the lords of the Philistines and said, "Send away the ark of the God of Israel, and let it return to its own place, that it may not kill us and our people." For there was a deathly panic throughout the whole city. The \_\_\_\_\_ of God was very heavy there.

- so the judgment and \_\_\_\_\_ of God was upon David

- but David feels terrible because his \_\_\_\_\_ is dried up like it is during the heat of summer

- remember David writes this way before when there was air conditioning

- you all know how this feels, when the temperature is 40 degrees with humidity and you are outside or in a hot building all day, you just feel exhausted!

- the heat just \_\_\_\_\_ your energy but so does rebellion against God

- David is sapped of energy and is experiencing the \_\_\_\_\_ of the Lord because of his sin

- what is David to do?

**(32:5) I acknowledged my sin to you, and I did not cover my iniquity; I said, "I will confess my transgressions to the LORD," and you forgave the iniquity of my sin. Selah**

- David comes to his \_\_\_\_\_ and does 3 things

- note that the three words for rebellion against God that are used in Psalm 32:1 are used here in this verse (sin, iniquity and transgression)

**i) \_\_\_\_\_ his sin**

- the Hebrew word here has more of an idea of \_\_\_\_\_ his sin known

- meaning that David is no longer hiding or concealing his sin

- he openly acknowledges to God his sin

**ii) does not \_\_\_\_\_ his iniquity**

- he does not cover up his sin, but uncovers and acknowledges to God that he has sinned

- many people think they can \_\_\_\_\_ their sin but you cannot hide it from the Lord

- the Lord sees \_\_\_\_\_ all and now David confesses this sin to God

**iii) \_\_\_\_\_ his transgression**

- this word "confess" literally means "to throw"

- meaning that David is \_\_\_\_\_ to God about his sin against God

- he \_\_\_\_\_ that he has sinned against God

**and you forgave the iniquity of my sin.**

- we see the \_\_\_\_\_ of God here, the forgiveness and \_\_\_\_\_ of God that is only found the person and work of the Lord Jesus Christ

- this forgiveness comes from God

- note that we cannot forgive our own sins by anything we do, God has to \_\_\_\_\_ our sins

- here we see the complete work of the Lord Jesus Christ it is He who forgives, the sin, the \_\_\_\_\_ and the rebellion against a Holy God

**3) (32:6-10) Be Taught By God**

**(32:6) Therefore let everyone who is godly offer prayer to you at a time when you may be found; surely in the rush of great waters, they shall not reach him.**

- here David \_\_\_\_\_ us in what we are to do

- because of the great mercy of God the godly are commanded to \_\_\_\_\_
- the godly are not to be \_\_\_\_\_ but pour out their hearts to God

**(32:7) You are a hiding place for me; you preserve me from trouble; you surround me with shouts of deliverance. Selah**

- here David speaks 3 truths about the Lord

**i) the Lord is a hiding place**

- the Lord is a place of \_\_\_\_\_
- the Lord is like a mountain that offers protection from threatening situations

- David can take shelter in the Lord's \_\_\_\_\_ therefore he can have confidence that he is secure since this is true about the Lord

**Psalm 27:5** For he will hide me in his \_\_\_\_\_ in the day of trouble; he will conceal me under the cover of his tent; he will lift me high upon a rock.

**ii) the Lord preserves from trouble**

- the Lord keeps watch over His people and \_\_\_\_\_ them against harm
- the Lord is not sleeping but the Lord is constantly \_\_\_\_\_ for His people
- the Lord preserves his people even in the \_\_\_\_\_ that one might face!

**iii) the Lord surrounds with \_\_\_\_\_ of deliverance**

- the Lord surrounds with shouts of deliverance or \_\_\_\_\_
- since the Lord is a \_\_\_\_\_, a protector and a preserver therefore the Lord is also a \_\_\_\_\_ !
- in Psalm 32:8-9 we now have God speaking to the audience and thus God is speaking \_\_\_\_\_ to us
- do you want to hear God's \_\_\_\_\_ ? Listen to God in His Word!

**(32:8) I will instruct you and teach you in the way you should go; I will counsel you with my eye upon you.**

- God instructs, \_\_\_\_\_ and counsels His people
- the Lord \_\_\_\_\_ and His Word is clear
- we see grace upon grace here in this \_\_\_\_\_
- the Lord forgives but the Lord also \_\_\_\_\_ us in right living through His Holy Word
- the Lord's \_\_\_\_\_ is upon David, this means that the \_\_\_\_\_ of God is upon David

**(32:9) Be not like a horse or a mule, without understanding, which must be curbed with bit and bridle, or it will not stay near you.**

- the Lord gives us a big \_\_\_\_\_ here in verse 9
- we are to take our instruction from God, and gain understanding and \_\_\_\_\_, so that we are trained in righteousness and do not go our own way; we are not to be like the \_\_\_\_\_ and the mule who does not have understanding and must be controlled and directed by its owner
- the horse and the mule are often seen as \_\_\_\_\_ animals in Biblical times that need correction and physical maneuvering so that they will \_\_\_\_\_ to instructions
- David was like the horse and mule he did not \_\_\_\_\_ and he was \_\_\_\_\_ and the Lord had to discipline him so that he could be restored back to God

#### 4) (32:10-11) Be Glad

**(32:10) Many are the sorrows of the wicked, but steadfast love surrounds the one who trusts in the LORD.**

- the \_\_\_\_\_ are those who reject the Lord and they are \_\_\_\_\_ with sorrow

- the Bible declares this many times

**Psalms 16:4** The \_\_\_\_\_ of those who run after another god shall multiply; their drink offerings of blood I will not pour out or take their names on my lips.

- we see the \_\_\_\_\_ that sin causes but in contrast we see the grace of God!

- I have noticed that the people who seem to be the most \_\_\_\_\_ on social media are those who are very far from the Lord and His \_\_\_\_\_

- they are often angry, bitter and frustrated with people

- when I read their social media posts I think, "I do not want to be around this person!"

- Sin leads to \_\_\_\_\_ ; it is stated truthfully in the Bible and the proof of this truth is seen in real life

- BUT we can have the steadfast \_\_\_\_\_ of the Lord surrounding us, when we trust or embrace the Lord!

**(32:11) Be glad in the LORD, and rejoice, O righteous, and shout for joy, all you upright in heart!**

- do you see the \_\_\_\_\_ of those who are upright in heart or those who trust the Lord?

- you do see the gladness and \_\_\_\_\_ found in the Lord!

- you will not see blessing or joy by remaining in sin and continuing in \_\_\_\_\_ against God

- sin leads to more and more \_\_\_\_\_ but in the Lord joy is to be found!

#### Application

##### 1) Are You Blessed?

- our society has all sorts of ideas on what it means to be \_\_\_\_\_ and often it has nothing to do with the Lord  
- being blessed can mean \_\_\_\_\_ a new car, a new house, a new house appliance and trip to wherever is a blessing

- but in Psalm 32 \_\_\_\_\_ is much more exciting than material blessings that we can enjoy on the earth

- these blessings are \_\_\_\_\_ and meet our needs to the very core of our being

**Psalms 32:1-2** Blessed is the one whose transgression is forgiven, whose sin is covered. <sup>2</sup> Blessed is the man against whom the LORD counts no iniquity, and in whose spirit there is no deceit.

- consider our \_\_\_\_\_ blessings because of Christ:

• our rebellion against God is \_\_\_\_\_ = blessing

• our sin being \_\_\_\_\_ by the blood of Christ = blessing

• our sin not being \_\_\_\_\_ against us (because through Christ we have been declared blameless and free from accusation) = blessing

- stop thinking that a new this or that is a "high end" \_\_\_\_\_ from God

- these \_\_\_\_\_ blessings are free at Christ's expense and given \_\_\_\_\_ to those who humble themselves and ask for the \_\_\_\_\_ of Christ

- today if you do not know these eternal \_\_\_\_\_, turn from your sin and lean upon the Lord Jesus Christ and His \_\_\_\_\_ on your behalf!

- just like Paul says in Ephesians about what \_\_\_\_\_ blessedness is all about!

**Ephesians 1:3-4** Blessed be the God and Father of our Lord Jesus Christ, who has \_\_\_\_\_ us in Christ with every spiritual blessing in the heavenly places, <sup>4</sup> even as he chose us in him before the foundation of the world, that we should be holy and blameless before him. In love

## 2) Sorrow of Sin or Joy in the Lord

- the famous philosopher, Friedrich Nietzsche, who is still popular to this day said this,  
"The thought of suicide is a great consolation: by means of it one gets through many a dark night."

- you cannot help but think that his \_\_\_\_\_ led to such a conclusion

- like this Psalm says in Psalm 32:10 "Many are the sorrows of the \_\_\_\_\_ "

- we ought to \_\_\_\_\_ from those who have rejected Jesus Christ in the past and see that only in the Lord \_\_\_\_\_ can be found!

- Augustine said something like this about this Psalm which he had printed on the wall on his death bed to encourage him -- indeed we see the \_\_\_\_\_ that sin brings but the joy that the grace of the Lord brings through Jesus Christ -- there is \_\_\_\_\_ found in repentance and sorrow for sin

- our culture tries to preserve that we as humans are OK and without sin, we just make \_\_\_\_\_

- but joy, rejoicing and gladness, comes through the acknowledgment of the \_\_\_\_\_ about ourselves that we are \_\_\_\_\_ with sin and need the person and work of the Lord Jesus Christ

- remember this is the very reason why Jesus came, to \_\_\_\_\_ us from ourselves and our sins

**Matthew 9:13** Go and learn what this means, 'I desire \_\_\_\_\_ , and not sacrifice.' For I came not to call the righteous, but sinners."

- Christian remind yourself of the wonderful work of the Lord J \_\_\_\_\_ Christ

- just like the great Hymn "*Jesus Paid It All*" says...

*And when before the throne I stand in him complete*

*Jesus died my soul to save My lips shall still repeat*

*Jesus paid it all All to him I owe*

*Sin had left a crimson stain He washed it white as snow*

**General Business Meeting**

- August 24<sup>th</sup>
- 7:00 pm
- in the sanctuary
- Contact Person: Milton Harder

**This Wednesday! ... Members are encouraged to attend. All other are most welcome to attend.**