

Ephesians 5:18-21

**Ephesians 5:18-21 ESV**

<sup>18</sup> And do not get drunk with wine, for that is debauchery, but be filled with the Spirit, <sup>19</sup> addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with your heart, <sup>20</sup> giving thanks always and for everything to God the Father in the name of our Lord Jesus Christ, <sup>21</sup> submitting to one another out of reverence for Christ.

**Opening**

*“There Are Four Motivations For Getting Drunk: As far as psychologists are concerned, anyway.*

*by Sarah Callinan*

*It’s easy to see alcohol consumption being a result of thousands of years of ritual and a lifetime of habit. But have you ever stopped to consider why it is you choose to drink?*

*1) Drinking to Be Social*

*This fits in with the idea that drinking is mainly a social pastime. Drinking for social motives is associated with moderate alcohol use.*

*2) Drinking to Conform*

*These are the people who will sip a glass of champagne for a toast, or keep a wine in their hand to avoid feeling different from the drinkers around them.*

*3) Drinking for Enhancement*

*These young people (often male) are more likely to actively seek to feel drunk—as well as other extreme sensations—and have a risk-taking personality.*

*4) Drinking to Cope*

*Coping drinkers drink more heavily and experience more alcohol-related problems than those who drink for other reasons.”*

- here in this passage we have a clear \_\_\_\_\_ not to get drunk with wine but on the flipside we have another command to be \_\_\_\_\_ with the Spirit
- unfortunately, many people either dislike their life or have a personal tragedy they are not able to deal with and that leads to \_\_\_\_\_
- I remember someone my age argued for drunkenness and pot for the simple reason that they needed to \_\_\_\_\_ their life
- they needed a substance to cope with their life
  
- this is the hope and the \_\_\_\_\_ of the gospel of Jesus Christ, Jesus is not a drug that helps you cope, He is the \_\_\_\_\_ for all our problems
- the death and resurrection of Jesus \_\_\_\_\_ us back to God because our sin has fractured that relationship that we should have had with God
- Jesus gives \_\_\_\_\_ to the believer

- no matter what you have been through or what you will go through there is \_\_\_\_\_ and joy in the full presence of God in the hope of \_\_\_\_\_

- the book of Ephesians is an unbelievable book that \_\_\_\_\_ the Christian in theology and practice

- this book was written by \_\_\_\_\_ to encourage this church in the gospel

- the church that received this book was in the city of \_\_\_\_\_

- likely the Laodicean \_\_\_\_\_ and the Colossian church would have read this \_\_\_\_\_ as well

- there are two main parts to the book of Ephesians!

1) Ephesians 1-3 focuses on the \_\_\_\_\_ of God, gospel and prayer

- the book starts out with a long \_\_\_\_\_ to God for the blessings of the Father Son and the \_\_\_\_\_ Spirit

**Ephesians 1:3** Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places,

- in chapter 2 Paul gives us the clearest explanation of the \_\_\_\_\_ of God

- in chapters 1:15-23 and 3:14-21 Paul \_\_\_\_\_ for these Christians in Ephesus

2) Ephesians 4-6 we have the \_\_\_\_\_ application of the gospel of Jesus Christ

- just to be clear, the commands found in Ephesians 4-6 absolutely \_\_\_\_\_ make you Christian

- you are saved by grace through \_\_\_\_\_

**Ephesians 2:8-9** For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, <sup>9</sup> not a result of works, so that no one may boast.

- but the grace of God is \_\_\_\_\_ and the Holy Spirit transforms sinners who are dead and gives them \_\_\_\_\_

- because of this new life and work of \_\_\_\_\_ we are commanded and we are \_\_\_\_\_ to live a holy life

- Ephesians 4:1-16 Paul commands us to be \_\_\_\_\_ in the body of Christ

- Ephesians 4:17-5:17 Paul commands that we forsake our old and sinful ways and live in \_\_\_\_\_ which is the godly life that the Lord has \_\_\_\_\_ for us

- Ephesians 5:18-6:9 Paul describes what \_\_\_\_\_ in the Holy Spirit looks like in the \_\_\_\_\_, home and workplace

- Paul concludes his instructions on fighting the Spiritual \_\_\_\_\_ in Ephesians 6:10-20

- today, we are looking at the start of the section of "being \_\_\_\_\_ with the Holy Spirit" (Ephesians 5:18-21)

## Outline

**1) (5:18) Be Filled**

**2) (5:19) Be Worshipping**

**3) (5:20) Be Thankful**

**4) (5:21) Be Submissive**

- before we get into this passage we need to understand the grammar and syntax of this \_\_\_\_\_

- now I know that grammar is the last thing that anyone wants to think about when you come to church, but in this passage the \_\_\_\_\_ is essential for understanding the passage
- the main \_\_\_\_\_ in this passage is 5:18 “Be filled with the Spirit” and the remaining verbs all the way to Ephesians 6:10 hinge on or are \_\_\_\_\_ to this verb “Be filled”
- this means that the remaining commands describe what it means to be \_\_\_\_\_ with the Holy Spirit
- if you want to know what it means to be \_\_\_\_\_ with the Holy Spirit the next few commands all describe what this looks like
- for instance if you are filled with the Holy Spirit you will \_\_\_\_\_ out these commands
  - 5:19 we will worship joyfully
  - 5:20 we will be thankful
  - 5:21 we will be submissive to the body of Christ
  - 5:22-33 Husbands will love their wives and wives will submit to their husbands
  - 6:1-3 Children will obey their parents
  - 6:4 Fathers will not provoke their children, but train them up in the Lord
  - 6:5-8 Servants will serve their earthly masters as to the Lord
  - 6:9 Masters will treat their servants in a God honoring way
- let us make this crystal clear, if you are a \_\_\_\_\_ and not loving your wife then you are not living in the Holy Spirit, you are living in the flesh
- if you are a \_\_\_\_\_ and not training your child in the Lord then you are not living in the Holy Spirit
- this might seem like a long introduction but these points are absolutely essential for us \_\_\_\_\_ and applying this passage to our \_\_\_\_\_

### 1) (5:18) Be Filled

**And do not get drunk with wine, for that is debauchery,**

- here we have the clear \_\_\_\_\_ not to get drunk
  - the New Testament is very clear that this is something that we are to \_\_\_\_\_
- Romans 13:13** Let us \_\_\_\_\_ properly as in the daytime, not in orgies and drunkenness, not in sexual immorality and sensuality, not in quarreling and jealousy.

- do you see what is included in this Romans 13:13 alongside of getting drunk?
- the same theme is found Ephesians 5:18, we are to avoid being drunk with wine so that we \_\_\_\_\_ sexual immorality or debauchery

- why would Paul give such a command to this \_\_\_\_\_?
- certainly this would not be happening in church?
- how quick are we to forget the real \_\_\_\_\_ in the early church
- do you remember those in \_\_\_\_\_ who were getting drunk during the Lord’s Supper?

**1 Corinthians 11:21** For in eating, each one goes ahead with his own meal. One goes hungry, another gets drunk.

- some other reasons why Paul has included this command is because getting \_\_\_\_\_ was a common practice in Roman culture and Paul wanted to contrast being under the influence of the Holy \_\_\_\_\_ with being under the influence of \_\_\_\_\_

- another reason why Paul has included this command was to speak out against \_\_\_\_\_

- there was a \_\_\_\_\_ god in Ephesus that people worshiped who was connected to wine

- Paul wanted them to avoid the drunkenness and \_\_\_\_\_ association with that god

- Paul is quoting from the book of \_\_\_\_\_ with this command not to get drunk with wine

**Proverbs 20:1** Wine is a mocker, strong drink a brawler, and whoever is led \_\_\_\_\_ by it is not wise.

**Proverbs 23:31-32** Do not look at wine when it is red, when it sparkles in the cup and goes down smoothly. <sup>32</sup> In the end it \_\_\_\_\_ like a serpent and stings like an adder.

- Paul is accurate, being \_\_\_\_\_ can lead to a long list of bad decisions

- Paul highlights here the \_\_\_\_\_ act of “debauchery”

- debauchery is extreme \_\_\_\_\_ immorality

- we have a couple of examples of this found in the book of Genesis where drunkenness leads to \_\_\_\_\_

- \_\_\_\_\_ gets drunk and is mistreated by his son in Genesis 9:20-29

- \_\_\_\_\_ gets drunk and sleeps with his daughters Genesis 19:30-38

### but be filled with the Spirit,

- now we get a positive \_\_\_\_\_ from Paul

- do you notice that first word “BUT”?

- here Paul is laying out a clear \_\_\_\_\_ between drunkenness and being filled with the Holy Spirit

- now some think that Paul is teaching that you can be \_\_\_\_\_ in the Holy Spirit

- but the word “be \_\_\_\_\_” does NOT mean be drunk

- that is an absolute distortion of the Biblical text to suit a wild theological \_\_\_\_\_

- let us look at this \_\_\_\_\_ “be filled”

- this verb is a \_\_\_\_\_ which means the Lord \_\_\_\_\_ that we live this way

- this verb is \_\_\_\_\_ which means that being filled with the Holy Spirit is something we are continually to do or carry out in our \_\_\_\_\_

- this verb is \_\_\_\_\_ which means we are to \_\_\_\_\_ the Holy Spirit to fill us!

- through the Word of God we are to allow the Spirit of God to work in us so that we \_\_\_\_\_ a holy life and carry out the commands of God

- being \_\_\_\_\_ with the Holy Spirit means that we \_\_\_\_\_ upon the things of the Holy Spirit

- in Romans 8 Paul teaches extensively on the work of the Holy Spirit and Romans helps us here!

**Romans 8:5-7** For those who live according to the flesh set their minds on the things of the flesh, \_\_\_\_\_ those who live according to the \_\_\_\_\_ set their minds on the things of the Spirit. <sup>6</sup> For to set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. <sup>7</sup> For the mind that is set on the flesh is hostile to God, for it does not submit to God's law; indeed, it cannot.

- this also means that by our behavior, thoughts, attitudes and actions we do not \_\_\_\_\_ or grieve the Holy Spirit

**Ephesians 4:30** And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption.

- we need to be clear that being \_\_\_\_\_ with the Holy Spirit is different from the Baptism of the Holy Spirit and from \_\_\_\_\_ of the Holy Spirit

- you are \_\_\_\_\_ by the Holy Spirit when you become a Christian and the Holy Spirit \_\_\_\_\_ you

**1 Corinthians 12:13** For in one Spirit we were all baptized into one body-- Jews or Greeks, slaves or free-- and all were made to drink of one Spirit.

- then the Holy Spirit \_\_\_\_\_ you and this means that the presence of the Holy Spirit is with you \_\_\_\_\_

- you cannot ever lose the Holy Spirit

**Ephesians 1:13-14** In him you also, when you heard the word of truth, the gospel of your salvation, and believed in him, were sealed with the promised Holy Spirit, <sup>14</sup> who is the guarantee of our inheritance until we acquire possession of it, to the praise of his glory.

- being filled with the Holy Spirit is different than the baptism and the sealing of the Holy Spirit

- being filled with the Holy Spirit ought to be our daily \_\_\_\_\_

- we fill our \_\_\_\_\_ with the gospel of the Lord Jesus Christ, we fill our mind with the beauty of Jesus Christ and then we \_\_\_\_\_ on and allow the Holy Spirit to empower us to live a holy life!

- but then Paul gives us 3 more commands that are connected to being \_\_\_\_\_ with the Holy Spirit

## 2) (5:19) Be Worshipping

**addressing one another in psalms and hymns and spiritual songs,**

- here we see that worship is not just personal it is also \_\_\_\_\_

- many people see worshipping God \_\_\_\_\_ at home or on the golf course or even on their secret lake as \_\_\_\_\_ corporate worship

- but you do not get that from scripture, here we see that our worship has to include a \_\_\_\_\_ of believers

- Paul calls them to address or speak to one \_\_\_\_\_

- here are three synonyms got \_\_\_\_\_: psalms, hymns and spiritual songs

- these are songs that declare the greatness of God and even include \_\_\_\_\_

- we are called to \_\_\_\_\_ one another by addressing one \_\_\_\_\_

- we are in danger of \_\_\_\_\_ when we neglect corporate with believers

- if we \_\_\_\_\_ corporate worship then we are not living a Christian life filled by the Holy Spirit

**singing and making melody to the Lord with your heart,**

- we see the \_\_\_\_\_ aspect of worship here meaning making God in Heaven the object of our worship

- we are to \_\_\_\_\_ and make a melody to the Lord

- we declare God's greatness to Him, we \_\_\_\_\_ Him, we sing of His excellent greatness
- we are to \_\_\_\_\_ from the heart, which is not \_\_\_\_\_ or phony but authentic praise to God
- when we look the \_\_\_\_\_ of Christ and His work, how can we not sing from the \_\_\_\_\_?
- we cannot help but think of Songs like "Jesus Paid It All" that tell us of the beauty of the power of the gospel of Christ!

*Lord, now indeed I find Thy power and thine alone  
 Came and changed the lepers spots And it melt the heart of stone  
 Jesus paid it all, all to him I owe Sin had left a crimson stain  
 He washed it white as snow*

- life in the Holy Spirit is singing to one \_\_\_\_\_ and most importantly praising the Lord \_\_\_\_\_
- in this verse we have two options either we \_\_\_\_\_ for worship and live filled with the Holy Spirit or we do not gather for worship and \_\_\_\_\_ the Spirit!

### 3) (5:20) Be Thankful

**giving thanks always and for everything to God the Father in the name of our Lord Jesus Christ**

- I know this command is difficult because we associate more easily with the \_\_\_\_\_, like those in the book of Numbers
- it is difficult to be \_\_\_\_\_ always and in every situation
- we are just like Israel that grumbled about bitter water, \_\_\_\_\_ about wanting the food that they had in Egypt and grumbled that they would rather have meat than the manna that the Lord had provided
- it is \_\_\_\_\_ to grumble
- but if our life is characterized by grumbling and complaining then it is not characterized by being \_\_\_\_\_ with the Holy Spirit

- the thankfulness that Paul has in mind here is thankfulness for the \_\_\_\_\_ of Christ
- we know that Paul thanked God for all the \_\_\_\_\_
- Paul gives thanks to God for the Ephesian church
- Paul thanks God because it is the Lord who has saved them by grace, given them \_\_\_\_\_ through Jesus Christ

**Ephesians 1:16** I do not \_\_\_\_\_ to give thanks for you, remembering you in my prayers,

- Paul is also speaking of a \_\_\_\_\_ thankfulness for all things, even things that are \_\_\_\_\_
- because God is sovereign over all things, we are to give thanks for \_\_\_\_\_ things
- let us be \_\_\_\_\_ with the Holy Spirit by practicing an attitude of \_\_\_\_\_
- Lord help us, by the \_\_\_\_\_ of the Holy Spirit, because we know that we are so prone to unthankfulness!
- let us \_\_\_\_\_ bitterness, pouting, \_\_\_\_\_, scowling, murmuring, worry, gloominess and pessimism

### 4) (5:21) Be Submissive

**submitting to one another out of reverence for Christ.**

- some people when they hear this, they think... no way! Paul must have gotten something \_\_\_\_\_ when he wrote this verse.
- when some Christians hear this verse they immediately want to cite the "Canadian Charter of Rights"

- they have no interest in doing the \_\_\_\_\_ work of submitting to one \_\_\_\_\_
- they think that this \_\_\_\_\_ cannot mean what it clearly says
- they think that Jesus would certainly not want us to \_\_\_\_\_ this way
- something funny happened when I was writing this part of the sermon
- three young people were blaring a rap song that was screaming out, "you do not get to tell me what to do"
- the \_\_\_\_\_ here is, while I was writing about submission to another, music was blaring out selfish and defiant lyrics
- but guess what Paul did not make any \_\_\_\_\_ here when he wrote this!
- Paul truly meant this because Jesus Christ lived His life in \_\_\_\_\_ to God the Father
- Jesus lived His life as a \_\_\_\_\_ to sinful people!

**Philippians 2:6-8** who, though he was in the form of God, did not count equality with God a thing to be grasped, <sup>7</sup> but emptied himself, by taking the form of a servant, being born in the likeness of men. <sup>8</sup> And being found in human form, he humbled himself by becoming obedient to the point of death, even death on a cross.

- Paul is telling the \_\_\_\_\_ that if they are not going to live in \_\_\_\_\_ towards one another then they are not living a life \_\_\_\_\_ with the Holy Spirit
- Paul addressed selfishness in the congregation earlier on in this letter
- Paul called them to \_\_\_\_\_ in a manner worthy of the Lord and how did they do that? By Ephesians 4:2!

**Ephesians 4:2** with all humility and gentleness, with patience, bearing with one another in love,

## Application

### 1) Receive the Holy Spirit

- you cannot be \_\_\_\_\_ with the Holy Spirit if you do not \_\_\_\_\_ the Holy Spirit
- if you are \_\_\_\_\_ of the Lord Jesus Christ you do not \_\_\_\_\_ the Holy Spirit dwelling within you
- there is nothing you can \_\_\_\_\_ to receive the Holy Spirit
- you cannot receive the Holy Spirit by your works
- Paul speaks about self- \_\_\_\_\_ in the book of Galatians
- people in the Galatian church were living dangerously by \_\_\_\_\_ in their efforts in the law to save them
- the Galatian church \_\_\_\_\_ the Lord Jesus and the Holy Spirit because they recognized that they could not attain \_\_\_\_\_ from God by themselves
- people in the Galatian church were living dangerously by \_\_\_\_\_ in their efforts
- they thought that \_\_\_\_\_ the law would save them
- they had \_\_\_\_\_ that they had received the grace of God and the Holy Spirit by \_\_\_\_\_

**Galatians 3:2** Let me ask you only this: Did you receive the Spirit by works of the law or by hearing with faith?

- today you need to \_\_\_\_\_ the greatness and beauty of the Lord Jesus Christ

- \_\_\_\_\_ Jesus Christ, trust in His wonderful work and \_\_\_\_\_ upon Him and His work on the cross
- receive the blessed joy of knowing Jesus and you can have \_\_\_\_\_ that you have received the Holy Spirit

## 2) Be Filled with the Holy Spirit

- if you are a \_\_\_\_\_ you already have the Holy Spirit dwelling within you and you are \_\_\_\_\_ by the Holy Spirit
- because of this \_\_\_\_\_ of the Holy Spirit you have the \_\_\_\_\_ of the hope of heaven
- but we are commanded to be \_\_\_\_\_ with the Holy Spirit
- how do we do this?
- to be \_\_\_\_\_ with the Holy Spirit is a work of grace and is a wonderful \_\_\_\_\_ of God but it is also \_\_\_\_\_ the Holy Spirit to fill us and \_\_\_\_\_ us
- this is the act of \_\_\_\_\_ upon the things of the Holy Spirit
- the things of the Holy Spirit are the \_\_\_\_\_ of Jesus Christ, the work of Christ and the \_\_\_\_\_ of God
- practically speaking, an example of the result of being \_\_\_\_\_ with the Holy Spirit looks like this!
- when you are reminded of someone who did you harm, then you become bitter and wish them harm
- then you repent and turn from that and look to the beauty of Christ
- you preach to yourself the gospel, the death of Jesus Christ
- you are reminded that Jesus loved you when you were an enemy and you ask the Spirit to create in your heart thankfulness for the work of Christ
- you \_\_\_\_\_ upon the Holy Spirit and pray that He would \_\_\_\_\_ your heart so that you can forgive that person
- to be filled with the Holy Spirit is a \_\_\_\_\_ upon the Spirit to \_\_\_\_\_ you to live a holy life
- this means \_\_\_\_\_ your life according to the Holy Spirit

**Galatians 5:16-17** But I say, walk by the Spirit, and you will not gratify the desires of the flesh.  
<sup>17</sup> For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh, for these are opposed to each other, to keep you from doing the things you want to do.

- let us live \_\_\_\_\_ by God the Holy Spirit as we \_\_\_\_\_, give thanks, and submit to one another to the glory of God!

NEXT SUNDAY...  
 SPEAKER IS LUKE EGLI