

In a Pit? Psalm 40

Gordon Robinson ☞ Dryden First Baptist Church ☞ June 17, 2022

Psalm 40 King James Version

¹ I waited patiently for the LORD; and he inclined unto me, and heard my cry.

² He brought me up also out of an horrible pit, out of the miry clay, and set my feet upon a rock, and established my goings.

³ And he hath put a new song in my mouth, even praise unto our God: many shall see it, and fear, and shall trust in the LORD.

⁴ Blessed is that man that maketh the LORD his trust, and respecteth not the proud, nor such as turn aside to lies.

⁵ Many, O LORD my God, are thy wonderful works which thou hast done, and thy thoughts which are to us-ward: they cannot be reckoned up in order unto thee: if I would declare and speak of them, they are more than can be numbered.

⁶ Sacrifice and offering thou didst not desire; mine ears hast thou opened: burnt offering and sin offering hast thou not required.

⁷ Then said I, Lo, I come: in the volume of the book it is written of me,

⁸ I delight to do thy will, O my God: yea, thy law is within my heart.

⁹ I have preached righteousness in the great congregation: lo, I have not refrained my lips, O LORD, thou knowest.

¹⁰ I have not hid thy righteousness within my heart; I have declared thy faithfulness and thy salvation: I have not concealed thy lovingkindness and thy truth from the great congregation.

¹¹ Withhold not thou thy tender mercies from me, O LORD: let thy lovingkindness and thy truth continually preserve me.

¹² For innumerable evils have compassed me about: mine iniquities have taken hold upon me, so that I am not able to look up; they are more than the hairs of mine head: therefore my heart faileth me.

¹³ Be pleased, O LORD, to deliver me: O LORD, make haste to help me.

¹⁴ Let them be ashamed and confounded together that seek after my soul to destroy it; let them be driven backward and put to shame that wish me evil.

¹⁵ Let them be desolate for a reward of their shame that say unto me, Aha, aha.

¹⁶ Let all those that seek thee rejoice and be glad in thee: let such as love thy salvation say continually, The LORD be magnified.

¹⁷ But I am poor and needy; yet the Lord thinketh upon me: thou art my help and my deliverer; make no tarrying, O my God.

Psalm was written by _____. Not sure when or what the circumstances were when written.

Psalm is in ____ sections: vs.1-10 - David tells how God got him _____ of one pit (in the past) and sings God's _____ for doing so.

BUT HE DID NOT LIVE _____ EVER AFTER.

Vs. 11-17 He is in _____ pit crying out to God to deliver him.

Imagine a time when you had to _____ for someone or something. How do you handle the waiting _____?

Waiting for - husband or wife, Christmas morning, birthday, wedding, holidays. How did you handle the waiting _____? These waits may have been difficult but much harder to _____ when we are in need of help.

We like things to be done _____.

Practicing patience is hard work. This is especially true when we are waiting on the Lord because He _____ His own timetable.

When in a _____ there is a sense of urgency Vs. 1 -"I waited patiently for the LORD; he inclined to me and _____ my cry." His cry may have been as simple as " _____ Lord"!

Vs.13 – Again he cries out directly to God - "Be pleased, O LORD, to deliver me! O LORD, make haste to _____ me!"

Vs.17 –Repeats his cry to Lord again –"As for me, I am poor and _____, but the Lord takes thought for me. You are my help and my deliverer; do not delay, O my God!"

No one goes wrong _____ for the Lord to send His best in His perfect timing.

We want to focus attention for this morning on Verse 2-“ He brought me up also out of an horrible pit, out of the miry clay, and set my feet upon a _____, *and* established my goings.”

David testifies as to how the Lord came and _____ him out of the pit he was in and put him upon a _____ rock and then see in verse 3 put a new song in his mouth.

Maybe you are in a pit this morning.

Worst pit would be that of _____ knowing Jesus Christ as your personal Lord and Saviour. No purpose or _____ to life.

However, if you are saved this morning, your _____ could be any number of other things - poor health, loss of a job, those who you considered friends have turned against you, rebellious or lost child or any other overwhelming problem.

As a Christian being in a pit may be your own _____ or you may be the victim of the sins of others.

First pit David was in and mentions in verse one, seems to be his _____ doing while the second seems to be a combination of _____ his responsibility and sins being committed by others against him.

Vs.12: “For innumerable evils have compassed me about: mine iniquities have taken hold upon me, so that I am not able to look up; they are more than the hairs of mine head: therefore my heart faileth me.” David acknowledges his many sins.

_____ always has consequences and these are now coming home to roost.

Goes on in vs. 14:” Let those be put to _____ and disappointed altogether who seek to snatch away my life; let those be turned back and brought to dishonor who delight in my hurt!”

Not only his own sins, but also involved were wicked people who were _____ intent on destroying David.

Maybe you are that person _____ deep down in a pit. You have no way of getting out on your own. You need a stronger person to lift you out. The _____ lifted David out of his pit and he is so happy he begins to sing a song of praise to God for rescuing him.

Maybe you are that person this morning. Feeling you have no _____ or _____ and are sinking down into hell.

Cry out to God this morning for help. See _____ things you will receive.

#1 HEALING

Not speaking of physical healing, although God can do that. Speaking here of _____ healing.

All through the Bible sin is looked upon as a _____ which afflicts everyone. Romans 3:23 “for all have _____ and fall short of the glory of God,”

Romans 3:10-12: as it is written: None is righteous, no, _____ one; no one understands; no one seeks for God. All have turned aside; together they have become worthless; no one does _____, not even one.”

Since we all are afflicted with this disease of sin we all need _____.

Jesus going to Calvary furnishes the _____ for us. When we come to Him, we are healed of all our spiritual sickness.

Only you know the _____ of your sin, but without Christ you are dying with a dread disease and only the blood of Christ can save you.

Suppose you were sick with terminal disease and Dr. came and said he had a medicine that would help you to become _____ again. He had used it on thousands of patients and every one of them was healthy today. You had a choice to lie there and die or take _____ and get well. What would you do? Surely would say to give you the medication.

_____ is the remedy for sin. Millions who were sinking down to hell have come to Him and He has never lost a patient. The first thing Christ gives to anyone who comes to Him is healing.

#2 HELP

It's not enough for a baby to be born. A baby cannot be left alone. A baby _____ help and nourishment. It's wonderful to be saved or born again, but we need to grow in the knowledge of God's Word.

I Peter 2:2 –“As newborn babes, desire the sincere milk of the Word, that ye may _____ thereby:”

Jesus said in Isaiah 41: “Fear not, for I am with you; be not _____, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.”

Matthew 28:20 “Teaching them to observe all things whatsoever I have commanded you: and, lo, I am with you _____, even unto the end of the world.”

What would we do if we did not have Christ to help us? He is there:

- In time of sorrow – John 14:1 “Let not your heart be _____: ye believe in God, believe also in me.”
- In time of need – Philippians 4:19 “And my God will _____ every need of yours according to his riches in glory in Christ Jesus.”
- In time of loneliness – Psalm 23:1 “The LORD is my shepherd; I shall not _____ .”
- In time when things go wrong – Romans 8:28(a) “And we know that for those who _____ God all things work together for good,”

Song that sums this all up –“No One Ever Cared for Me like Jesus”

“I would love to tell you what I think of Jesus, since I found in Him a friend so strong and true; I would tell you how He changed my life completely, He did something that no other friend could do. No one ever cared for me like Jesus, There's no other friend so kind, as He; No one else could take the sin and _____ from me, O how much He cared for me!”

From the moment you _____ Him as your Saviour until you die, Jesus will look after you and help you. Jesus offers healing and then he provides help.

#3 HOPE

A car won't run without gasoline, a watch won't run with winding or a battery, a garden will not grow without sunshine and water ,and a _____ cannot go on

throughout life without _____. If you look towards tomorrow and have no hope you might as well be dead.

Where can you find hope for tomorrow?

In money? – can lose it very easily

In friends? – they may forsake you

In your good life? – everyone of us has sinned

The only _____ we have is in _____ Christ.

1 Corinthians 15:19, 20 & 26 – “If in Christ we have hope in this life only, we are of all people most to be pitied.”²⁰ But, in fact, Christ has been raised from the dead, the first fruits of those who have fallen asleep.²⁶ The last enemy to be destroyed is _____.

Song sums this up well – “The Solid Rock”

“My _____ is built on nothing less than Jesus’ blood and righteousness; I dare not trust the sweetest frame, but wholly lean on Jesus’ name. On Christ the solid Rock I stand ; all other ground is sinking sand, all other ground is _____ sand.”

Christ provides healing, help and provides the soul with hope.

#4 HEAVEN

It’s hard to understand how some people are so foolish as to say “I don’t want Christ and all He has to offer.” We just looked at the verse in 1 Corinthians – “If in Christ we have hope in this life only, we are of all people most to be pitied.” If no hope beyond this _____ you are to be pitied. KJV version says - “¹⁹ If in this life only we have hope in Christ, we are of all men most miserable.” Not only to be pitied, but your _____ is miserable.

So, if you live for 50, 60, 70 years or even beyond and have nothing to look forward to at the end of the day, you are not _____ but just exiting.

Heaven though is _____ for the Christian.

Christ has promised to take to heaven all those who put their _____ in Him. John 14:2&3 – “In my Father's house are many mansions: if it were not so, I would have told you. I go to prepare a place for you. And if I go and prepare a place for you, I will come again, and receive you unto myself; that where I am, there ye may be also.” This is a _____ made by Jesus Christ and He never breaks a promise.

STORY HERE (separate attachment)

Greater than any deliverance from the depths of the sea is God's provision to _____ you and me from the _____ of sin.

Here is what Christ has to offer:

- Healing which means the forgiveness of sins,
- Help along your pathway of life,
- Hope for all the days to come and
- Heaven at the end of the way.

Open your heart today and accept all the Christ offers you.

Pastor Adam will return to the pulpit next week. Prepare yourself by reading Psalm 3.

